



THE PRIDE ROCK RESTAURANT

MENU



BREAKFAST

Full English Breakfast

Eggs – poached, easy over, sunny side up, fried, scrambled

Sausages – Beef, pork, vegan

Omelet – full house, vegetarian, plain, cheese, white

Eggs Benedict (croissant, bacon, poached egg and hollandaise sauce)

Breakfast potatoes

Sautee mushrooms

French toast (sour dough, poached eggs, basil pesto, bacon crumbs)

Plain French toast

Sour dough toast

Breakfast Accompaniments' / Continental

Garden Salad

Cold meats (salami, smoked salmon, Ham)

Bacon rashers

Breakfast fruits

Pastry products

Freshly baked in our ovens

Croissants (buttered)

Banana bites

Scones (citrus, zest, raisins, cheese or plain)

Blueberry muffins

Breakfast Specials

Flap jacks tower (double cakes with fruits drizzled with maple syrup)

Breakfast creeps

NB: Choose from the above accompaniments

LUNCH

SALAD OPTIONS

Garden Salad

(Garden greens, cucumber, tomatoes, olives)

Mediterranean Rice Paper Wraps

(Lettuce, carrots strips, mango slices, bell peppers, dehydrated tomatoes, feta cheese)

MAINS

Chicken Stir Fry

(Chicken strips, bell peppers, concarse, zucchini, carrots, fries, side salad)

Vegetable Baguette

(Vegetables [seasonal] stir fry, toasted baguette, mozzarella, fries, side salad)

Pride Rock Burger

(200g grilled Zimbabwean beef patty/ seasoned chicken breast caramelized red onion, cheese, garlic herb mayo, fries, side salad)

Vegetarian Burger

DESSERT

Fruit Salad

Ice Cream

NB: Not all ingredients are included on the menu (dietary concerns)



THE PRIDE ROCK RESTAURANT MENU



DINNER

STARTERS

Greek Salad

(Lettuce, tomatoes, cucumbers, bell peppers)

Grilled Chicken Steak Bites

(Garden greens, cherry tomatoes, homemade ceaser dressing)

Haloumi Salad

(Grilled haloumi cheese, cherry tomatoes, bell peppers & greens)

Soup of the Day

(Ask your waiter for today's flavor)

MAINS

Zambezi Bream Fillet

(Garlic & butter busted bream fillet, with veggies and mustard sauce)

Pork Loin

(Orange & honey infused pork loin with steamed veggies monkey gland sauce, yoghurt slaw)

Eloime Chicken Grilled

(Lemon & herb/ peri peri quarter chicken with rice, veggies & sauce)

SNACKS ON OFFER

Round of Sandwiches

(Available on both brown and white bread)

Cheese & Ham

Chicken & Mayo

Egg & Tomato

Tomato, feta & onion

Tomato, lettuce, cucumber, garlic & herb mayo

Open Sandwich

(Sour dough, cream cheese, smoked salmon, cherry tomatoes, avocado)

SNACK PLATTERS

Samosas

Chicken Crescent Ring

Mini Pies

Glazed Chicken Wings

Biltong

Vol-ou-vants

Dried Fruits

Butternut Crisps

Caramelized Nuts

Spring Rolls

Kids Menu

Tagliatelle Pasta

(Tomato concarse, bell peppers, parmesan shavings and a garlic crostini)

Pizza

(Margarita, Hawaiian, Cheese, pepperoni, chicken and mushroom, vegetarian)

Kids Burger

(Lettuce, tomato concarse, beef patty, cheese)

Fish Fingers

Chicken fingers / Nuggets

Fries

Fruit Skewers

NB: Not all ingredients are included on the menu (dietary concerns)